

Taiji Kungfu Fan

Preparation

Section 1

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| 1. 开步抱扇 | (起势) | —— Commencement |
| 2. 侧弓步举扇 | (斜飞式) | —— Diagonal Slant |
| 3. 虚步亮扇 | (白鹤亮翅) | —— White Crane Spreads Its Wings |
| 4. 进步刺扇 | (黄蜂入洞) | —— Bee Returns to the Hive |
| 5. 转身下刺扇 | (哪吒探海) | —— Night Demon Searches the Sea |
| 6. 独立撩扇 | (金鸡独立) | —— Golden Rooster Stands on One Leg |
| 7. 翻身劈扇 | (力劈华山) | —— Turn Body and Split Mountain |
| 8. 转身抡压扇 | (灵猫捕蝶) | —— Cat Catches the Butterfly |
| 9. 马步亮扇 | (坐马观花) | —— Viewing Flowers on Horseback |

Section 2

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| 10. 弓步削扇 | (野马分鬃) | —— Parting Wild Horse's Mane |
| 11. 并步亮扇 | (雏燕凌空) | —— Swallow Flies High |
| 12. 进步刺扇 | (黄蜂入洞) | —— Bee Returns to the Hive |
| 13. 震脚推扇 | (猛虎捕食) | —— Tiger Pounces on Prey |
| 14. 戳脚撩扇 | (螳螂捕蝉) | —— Praying Mantis Catches Cicada |
| 15. 盖步按扇 | (勒马回头) | —— Lead Horse to Turn Head |
| 16. 翻身藏扇 | (鹞子翻身) | —— Sparrow Hawk Spins in the Air |
| 17. 马步亮扇 | (坐马观花) | —— Viewing Flowers on Horseback |

Section 3

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| 18. 马步推扇 | (举鼎推山) | —— Pushing Mountain |
| 19. 转身刺扇 | (神龙回首) | —— Dragon Turns Its Head |
| 20. 叉步反撩扇 | (挥鞭策马) | —— Spurring on the Horse |
| 21. 点步挑扇 | (立马扬鞭) | —— Raising the Whip High |
| 22. 歇步抱扇 | (怀中抱月) | —— Embracing the Moon |
| 23. 并步贯扇 | (迎风擦衣) | —— Striking Against the Wind |
| 24. 云手劈扇 | (翻花舞袖) | —— Sweeping Sleeves in the Wind |
| 25. 歇步亮扇 | (霸王扬旗) | —— The General Raises the Flag |
| 26. 开步抱扇 | (抱扇过门) | —— Holding Fan in Front of Chest |

Section 4

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| 27. 弓步削扇 | (野马分鬃) | —— Parting Wild Horse' s Mane |
| 28. 并步亮扇 | (雏燕凌空) | —— Swallow Flies High |
| 29. 进步刺扇 | (黄蜂入洞) | —— Bee Returns to the Hive |
| 30. 震脚推扇 | (猛虎捕食) | —— Tiger Pounces on Prey |
| 31. 戳脚撩扇 | (螳螂捕蝉) | —— Praying Mantis Catches Cicada |
| 32. 盖步按扇 | (勒马回头) | —— Lead Horse to Turn Head |
| 33. 翻身藏扇 | (鸽子翻身) | —— Sparrow Hawk Spins in the Air |
| 34. 马步亮扇 | (坐马观花) | —— Viewing Flowers on Horseback |

Section 5

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| 35. 马步顶扇 | (顺 弯 肘) | —— Elbow Strikes on Horseback |
| 36. 马步抖扇 | (裹 鞭 炮) | —— Firecracker Explodes |
| 37. 虚步拨扇 | (前 招 势) | —— Parry Forward |
| 38. 震脚拍扇 | (双 震 脚) | —— Double Foot Stomp |
| 39. 蹬脚推扇 | (龙虎相交) | —— Dragon Fights the Tiger |
| 40. 望月亮扇 | (玉女穿梭) | —— Fair Lady Works the Shuttle |
| 41. 云扇合抱 | (天女散花) | —— Sky Goddess Releases the Flower |
| 42. 歇步亮扇 | (霸王扬旗) | —— The General Raises the Flag |
| 43. 托扇行步 | (行步过门) | —— Ba Gua Walking |

Section 6

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| 44. 虚步捧扇 | (七 星 手) | —— Step to the Seven Stars |
| 45. 弓步捧扇 | (揽 扎 衣) | —— Grasp the Bird' s Tail |
| 46. 后捋前挤扇 | (捋 挤 式) | —— Roll Back and Press Forward |
| 47. 并步背扇 | (苏秦背剑) | —— Carrying Sword Behind Back |
| 48. 弓步戳扇 | (搂膝拗步) | —— Brush Knee |
| 49. 仆步穿扇 | (单鞭下势) | —— Snake Creeps Down |
| 50. 弓步架扇 | (挽弓射虎) | —— Draw Bow to Shoot the Tiger |
| 51. 虚步亮扇 | (白鹤亮翅) | —— White Crane Spreads Its Wings |
| 52. 抱扇还原 | (收 势) | —— Close Form |