



CHINESE HEALING & MOVEMENT ARTS

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www.ChineseArts-Oly.com

Spring-Summer Class Schedule – 2022

LIANGONG

Beginning Liangong (Series One): Pre-registration required
Thursdays - 7:00 to 7:50 pm, May 12 to Sept. 1 (16 wks: no class 6/23)

Series Two (for everyone who has completed Beginning Liangong)
Not offered this session

Series Three (for everyone who has completed Series Two)
Mondays - 6:30 to 7:20 pm, May 2 to Aug. 29 (15 wks: no class 5/30, 6/27, 7/4)

Continuing Liangong (for everyone who has completed all 3 series)
Mondays - 5:30 to 6:20 pm, May 2 to Aug. 29 (15 wks: no class 5/30, 6/27, 7/4)
OR
Tuesdays - 12 to 12:50 pm, May 3 to Aug. 30 (17 wks: no class 6/28)
OR
Thursdays - 9 to 9:50 am, May 5 to Sept. 1 (17 wks: no class 6/23)

TAIJI

Beginning Taiji (for those currently in this class begun in Sept., 2021)
Thursdays - 6 to 6:50 pm, May 5 to Sept. 1 (17 wks: no class 6/23)

Continuing Taiji 3 (for those working on the 8 Techniques form)
Tuesdays - 5:30 to 6:20 pm, May 3 to Aug. 30 (17 wks: no class 6/28)

Continuing Taiji 2 (for those working on the short form)
Tuesdays - 6:30 to 7:20 pm, May 3 to Aug. 30 (17 wks: no class 6/28)

Continuing Taiji 1 (for those working on the long form)
Thursdays - 5 to 5:50 pm, May 5 to Sept. 1 (17 wks: no class 6/23)

Taiji Weapon & Bagua (Fan, Sword, Sun Taiji, Bagua - by permission)
Tuesdays - 1 to 2:30 pm, May 3 to Aug. 30 (17 wks: no class 6/28; \$315)

OTHER CLASSES

Once-A-Month Saturday Fitness & 5 Animal Frolics – Scholarship Fund benefit: \$15 minimum, all for Scholarship Fund except \$5
Third Saturday of the month - 10 to 11:30 am

CLASS FEES: 15 weeks - \$190; 16 weeks - \$200; 17 weeks - \$210

20% off second class (add'l classes no charge); More info, including monthly & drop-in options, on website